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# Preadolescent tobacco smoke exposure leads to acute nicotine dependence but does not affect the rewarding effects of nicotine or nicotine withdrawal in adulthood in rats

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#### article info abstract

Article history: Received 7 August 2009 Received in revised form 24 February 2010 Accepted 28 February 2010 Available online 6 March 2010

Keywords: Tobacco smoke Nicotine Preadolescent Reward Withdrawal ICSS Rats

Epidemiological studies indicate that parental smoking increases the risk for smoking in children. However, the underlying mechanisms by which parental smoking increases the risk for smoking are not known. The aim of these studies was to investigate if preadolescent tobacco smoke exposure, postnatal days 21–35, affects the rewarding effects of nicotine and nicotine withdrawal in adult rats. The rewarding effects of nicotine were investigated with the conditioned place preference procedure. Nicotine withdrawal was investigated with the conditioned place aversion procedure and intracranial self-stimulation (ICSS). Elevations in brain reward thresholds in the ICSS paradigm reflect a dysphoric state. Plasma nicotine and cotinine levels in the preadolescent rats immediately after smoke exposure were 188 ng/ml and 716 ng/ml, respectively. Preadolescent tobacco smoke exposure led to the development of nicotine dependence as indicated by an increased number of mecamylamine-precipitated somatic withdrawal signs in the preadolescent tobacco smoke exposed rats compared to the control rats. Nicotine induced a similar place preference in adult rats that had been exposed to tobacco smoke or air during preadolescence. Furthermore, mecamylamine induced place aversion in nicotine dependent rats but there was no effect of preadolescent tobacco smoke exposure. Finally, preadolescent tobacco smoke exposure did not affect the elevations in brain reward thresholds associated with precipitated or spontaneous nicotine withdrawal. These studies indicate that passive exposure to tobacco smoke during preadolescence leads to the development of nicotine dependence but preadolescent tobacco smoke exposure does not seem to affect the rewarding effects of nicotine or nicotine withdrawal in adulthood.

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#### 1. Introduction

Tobacco addiction is a chronic disorder that is characterized by loss of control over smoking, withdrawal symptoms upon smoking cessation, and relapse after periods of abstinence [\(American](#page-7-0) [Psychiatric Association, 2000; O'Brien, 2003\)](#page-7-0). Evidence indicates that the positive reinforcing effects of cigarettes play a critical role in the initiation of smoking [\(Finkenauer et al., 2009; Wise, 1996\)](#page-8-0). The positive reinforcing effects of smoking include mild euphoria, relaxation, and an increased ability to focus and process information [\(Ague, 1973; Benowitz, 1988; Wesnes and Warburton, 1983](#page-7-0)). Discontinuation of smoking leads to negative affective symptoms such as depressed mood, anxiety, and a decreased ability to focus

[\(Hughes et al., 1991; Hughes and Hatsukami, 1986\)](#page-8-0). The negative affective symptoms associated with smoking cessation have been suggested to increase the risk for relapse to smoking ([Bruijnzeel and](#page-8-0) [Gold, 2005; Koob, 2008](#page-8-0)).

Extensive evidence indicates that maternal smoking during pregnancy and childhood second hand tobacco smoke exposure increases the risk for a wide array of diseases including psychiatric disorders. Smoking during pregnancy has been associated with attention deficit hyperactivity disorder ([Milberger et al., 1998](#page-8-0)), conduct disorder (e.g., destructive and aggressive behavior) [\(Braun](#page-8-0) [et al., 2008; Wakschlag et al., 1997](#page-8-0)), and cognitive deficits ([Naeye and](#page-8-0) [Peters, 1984](#page-8-0)) in the offspring. In addition, the children of mothers who smoked during their pregnancy are more likely to develop a tobacco dependency than the children of mothers who did not smoke [\(Buka et al., 2003; Kandel et al., 1994; Lieb et al., 2003](#page-8-0)). Although epidemiological studies indicate that exposure to tobacco smoke constituents during development increases the risk for smoking,

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<sup>0091-3057/\$</sup> – see front matter. Published by Elsevier Inc. doi:[10.1016/j.pbb.2010.02.018](http://dx.doi.org/10.1016/j.pbb.2010.02.018)

many questions remain unanswered. For example, it is not known if there are specific developmental periods during which the brain has a heightened sensitivity to neurochemical perturbations caused by tobacco smoke. The detrimental effects of maternal smoking are mainly attributed to in-utero exposure to tobacco smoke constituents. However, mothers who smoke when they are pregnant continue to smoke after giving birth. Therefore, these children might be exposed to high levels of second hand tobacco smoke. This is supported by the observation that cotinine levels that are higher than those in adult smokers have been detected in infants after they were confined in an enclosed space with smokers [\(Galanti et al., 1998; Stepans and Fuller,](#page-8-0) [1999\)](#page-8-0). The children of mothers who breastfeed might be exposed to even higher levels of tobacco smoke constituents postnatally than prenatally as the nicotine level in breast milk is approximately three times as high as that in plasma [\(Luck and Nau, 1984](#page-8-0)). Another question that remains unanswered is whether developmental tobacco smoke exposure affects the rewarding effects of smoking, tobacco withdrawal, or both during adolescence and adulthood.

Animal models have been developed to study the neurodevelopmental effects of exposure to neurotoxins and drugs of abuse. When studying the neurodevelopmental effects of chemicals with rodent models it is important to take into account that the development of the rodent brain follows a different time course relative to the time of birth than the development of the human brain. For example, the brain growth spurt/period of synaptogenesis takes places in humans during the third trimester and the first 3–4 postnatal years and in rodents during postnatal weeks 1–3 ([Dobbing and Sands, 1971, 1973](#page-8-0)). The developmental period in rodents from postnatal days (PN)10–20 equals early childhood in humans and PN21–35 is equivalent to late childhood early adolescence and is often referred to as preadolescence [\(Spear, 2000](#page-8-0)). An advantage of investigating the effects of drugs on development from PN21–35 compared to earlier developmental periods is that rats are weaned around PN21. Previous studies have demonstrated that short periods of stress before PN21 can have complex neurodevelopmental effects that can affect the rewarding effects of drugs of abuse by itself ([Brake et al., 2004; Matthews et al.,](#page-8-0) [1999\)](#page-8-0). Evidence indicates that preadolescent exposure to psychostimulants can affect the rewarding effects of stimulants later in life. For example, it has been reported that the administration of methylphenidate to rats (twice a day, PN20–35) decreases the rewarding effects of cocaine in adult rats in the conditioned place preference (CPP) procedure and in a rate-dependent ICSS procedure [\(Andersen](#page-7-0) [et al., 2002; Mague et al., 2005\)](#page-7-0).

The aim of our experiments was to investigate if exposure to tobacco smoke from PN21–35 affects the rewarding effects of nicotine and the deficit in brain reward function associated with nicotine withdrawal in adult rats. The rewarding effects of nicotine were investigated with the CPP procedure. Nicotine has been shown to induce CPP over a wide range of doses when nicotine is paired with the non-preferred compartment of the test apparatus (biased procedure) ([Le Foll and](#page-8-0) [Goldberg, 2005\)](#page-8-0). The negative affective state associated with nicotine withdrawal was investigated with the conditioned place aversion (CPA) procedure and a discrete-trial ICSS procedure. Previous research has shown that rats avoid the choice compartment that has been paired with nicotine withdrawal [\(Suzuki et al., 1996](#page-8-0)). Nicotine withdrawal also leads to elevations in brain reward thresholds in the ICSS procedure [\(Bruijnzeel et al., 2007; Epping-Jordan et al., 1998](#page-8-0)). Elevations in brain reward thresholds are interpreted as a deficit in brain reward function as higher current intensities are required to maintain responding for rewarding electrical stimuli. Developmental exposure to tobacco smoke constituents has been shown to increase the risk for smoking during early adulthood [\(Buka et al., 2003; Kandel et al., 1994\)](#page-8-0). Therefore, it was hypothesized that preadolescent tobacco smoke exposure potentiates the positive and negative reinforcing effects of nicotine. The present studies may contribute to the understanding of the long-term neurodevelopmental effects of preadolescent tobacco smoke exposure.

#### 2. Methods

#### 2.1. Subjects

Pregnant Wistar rats (Embryonic day 10) were purchased from Charles River (Raleigh, NC). The pregnant rats were single-housed in a temperature and humidity-controlled vivarium and maintained on a 12 h light–dark cycle (lights off at 6 PM). The rat pups were weaned at day 21 and the male pups were used for the experiments. All testing occurred at the end of the light cycle. Food and water were available ad libitum in the home cages. All subjects were treated in accordance with the National Institutes of Health guidelines regarding the principles of animal care. Animal facilities and experimental protocols were in accordance with the Association for the Assessment and Accreditation of Laboratory Animal Care (AAALAC) and approved by the University of Florida Institutional Animal Care and Use Committee.

# 2.2. Drugs

Nicotine hydrogen tartrate salt and mecamylamine hydrochloride were purchased from Sigma (Sigma-Aldrich, St. Louis, MO, USA) and dissolved in sterile saline (0.9% sodium chloride). Research cigarettes (3R4F) were purchased from the University of Kentucky (College of Agriculture, Reference Cigarette Program, Lexington, KY).

#### 2.3. Surgical procedures

#### 2.3.1. Electrode implantations

At the beginning of all the intracranial surgeries, the rats were anesthetized with an isoflurane/oxygen vapor mixture (1–3% isoflurane) and placed in a model 940 Kopf stereotaxic frame (David Kopf Instruments, Tujunga, CA) with the incisor bar set 5.0 mm above the interaural line. The rats were prepared with stainless steel bipolar electrodes (model MS303/2 Plastics One, Roanoke, VA) 11 mm in length in the medial forebrain bundle at the level of the posterior lateral hypothalamus (AP  $-0.5$  mm, ML  $\pm$  1.7 mm, DV  $-8.3$  mm from dura). The electrodes and cannulae were permanently secured to the skull using dental cement anchored with four skull screws.

#### 2.3.2. Osmotic minipump implantations

The rats were prepared with osmotic minipumps (model 2ML4, 28 day pumps, Durect Corporation, Cupertino, CA) filled with either saline or nicotine salt dissolved in saline. The pumps were implanted subcutaneously under isoflurane/oxygen (1–3% isoflurane) anesthesia. The nicotine concentration was adjusted to compensate for differences in body weight and to deliver a dose of 9 mg/kg per day of nicotine salt (3.16 mg/kg/day nicotine base).

#### 2.4. Tobacco smoke exposure

The rats were exposed to tobacco smoke in standard polycarbonate rodent cages ( $38 \times 28 \times 20$  cm;  $L \times W \times H$ ) with corncob bedding and a wire top as previously described by our research group ([Small et](#page-8-0) [al., 2010\)](#page-8-0). The rats were not restrained (whole body exposure) during the tobacco smoke exposure sessions and water was freely available. The rats were moved to the exposure cages immediately prior the tobacco smoke exposure session and returned to their home cages after the exposure session. Tobacco smoke was generated using a microprocessor-controlled cigarette smoking machine (model TE-10, Teague Enterprises, Davis, CA) ([Teague et al., 1994\)](#page-8-0). Tobacco smoke was generated by burning filtered 3R4F reference cigarettes using a standardized smoking procedure  $(35 \text{ cm}^3 \text{ puff} \text{ volume}, 1 \text{ puff} \text{ per})$ minute, 2 s per puff). Mainstream and sidestream smoke was transported to a mixing and diluting chamber. The smoking machine produced a mixture of approximately 10% mainstream smoke and 90% sidestream smoke; based on total suspended particle matter. The

smoke was aged for 2–4 min and diluted with air to a concentration of about 30 mg of total suspended particles (TSP) per  $m<sup>3</sup>$  before being introduced into the exposure chambers. Exposure conditions were monitored for carbon monoxide (CO) and total suspended particulate matter. CO levels were assessed using a continuous CO analyzer that accurately measures levels between 0 and 2000 parts per million (Monoxor II, Bacharach, New Kensington, PA USA). Total suspended particle matter in the exposure chambers was determined by the measurement of samples collected from the chamber onto preweighed filters.

#### 2.5. Intracranial self-stimulation procedure

The experimental setup included twelve operant conditioning chambers that were placed in sound-attenuating chambers (Med Associates, Georgia, VT). The rats were first trained to turn a wheel manipulandum ( $5\times7$  cm;  $W\times H$ ), which was embedded in a wall of the experimental chamber (Med Associates, Georgia, VT), on a FR1 schedule of reinforcement. Each quarter turn of the wheel resulted in the delivery of a 0.5 s train of 0.1 ms cathodal square-wave pulses at a frequency of 100 Hz. After the successful acquisition of responding for stimulation on this FR1 schedule, defined as 100 reinforcements within 10 min, the rats were trained on a discrete-trial current-threshold procedure [\(Kornetsky](#page-8-0) [and Esposito, 1979](#page-8-0)) as described previously [\(Markou and Koob, 1992](#page-8-0)). Each trial began with the delivery of a non-contingent electrical stimulus, followed by a 7.5 s response window during which the animal can respond to receive a second contingent stimulus that is identical to the initial non-contingent stimulus. A response during this 7.5 s response window was labeled as a positive response, while the lack of a response was labeled as a negative response. During the 2 s period immediately after a positive response, additional responses had no consequences. The inter-trial interval (ITI) that followed either a positive response or the end of the response window (in the case of a negative response) had an average duration of 10 s (ranging from 7.5 to 12.5 s). Responses that occurred during the ITI resulted in a further 12.5 s delay of the onset of the next trial. During training on the discretetrial procedure, the duration of the ITI and delay periods induced by time-out responses were gradually increased until animals performed consistently at standard test parameters. Then brain reward thresholds were assessed by using a modification of the psychophysical method of limits. Test sessions consisted of four alternating series of descending and ascending current intensities starting with a descending series. Blocks of three trials were presented to the subject at a given stimulation intensity, and the intensity was altered systematically between blocks of trials by 5 µA steps. The initial stimulus intensity was set 40 µA above the baseline current-threshold for each animal. Each test session typically lasted 30–40 min and provided two dependent variables for behavioral assessment: brain reward thresholds and response latencies. The current threshold for a descending series was defined as the midpoint between stimulation intensities that supported responding (i.e., positive responses on at least two of the three trials) and current intensities that failed to support responding. The threshold for an ascending series was defined as the midpoint between stimulation intensities that did not support responding and current intensities that supported responding for two consecutive blocks of trials. Thus, four threshold estimates were recorded and the mean of these values was taken as the final threshold. The time interval between the beginning of the non-contingent stimulus and a positive response was recorded as the response latency. The response latency for each test session was defined as the mean response latency on all trials during which a positive response occurred.

#### 2.6. Place conditioning

Place conditioning tests were conducted in four identical wooden setups. Each setup consisted of two conditioning chambers  $(45 \times 45 \times 30 \text{ cm}; W \times L \times H)$  that were connected by a center compartment ( $15 \times 15 \times 30$  cm;  $W \times L \times H$ ). The compartments could be closed off by removable guillotine doors. One of the choice compartments was black with a smooth black floor. The other choice compartment had 5 cm black and 5 cm white stripes and corncob bedding on the floor. The center compartment had a gray floor and gray walls. The behavior of the rats was recorded during the pretest and the posttest with digital camcorders and analyzed with Observer 5.0 software (Noldus Information Technology, Wageningen, The Netherlands). Prior to the onset of the conditioning sessions a 15-minute pretest was conducted to determine the non-preferred side and the preferred side. During this pretest the rats could freely explore the three compartments. The conditioned place preference (CPP) and conditioned place aversion (CPA) sessions were conducted over 8 days. For the CPP experiments, nicotine was administered immediately before the rats were placed in the non-preferred chamber and saline was administered immediately before the rats were placed in the preferred chamber. For the CPA experiments, mecamylamine was administered immediately before the rats were placed in the preferred chamber and saline was administered immediately before the rats were placed in the non-preferred chamber. Drugs and saline were administered on alternate days and the conditioning sessions were 20 min. The posttest was conducted 1 day after the last conditioning session and the rats did not receive any drugs immediately prior to the posttest. At the beginning of the posttest the rats were placed into the gray center compartment and the rats were allowed to explore the three compartments for 15 min.

#### 2.7. Somatic withdrawal signs

Rats were observed for 10 min in a Plexiglas observation chamber  $(25\times25\times45$  cm;  $L\times W\times H$ ). The rats were habituated to the observation chamber for 5 min per day on 2 consecutive days prior to testing. The following somatic signs were recorded based on the checklist of nicotine abstinence signs: body shakes, cheek tremors, escape attempts, eye blinks, gasps, genital licks, head shakes, ptosis, teeth chattering, writhes, and yawns [\(Cryan et al., 2003; Malin et al.,](#page-8-0) [1992; Rylkova et al., 2008](#page-8-0)). Ptosis was counted once per minute if present continuously. The total number of somatic signs was defined as the sum of the individual occurrences. For the final statistical analyses the signs were divided into the following categories: abdominal constrictions which included gasps and writhes; shakes included head shakes and body shakes; facial fasciculations included cheek tremors and teeth chattering; eye blinks; ptosis; yawns; other signs occurred occasionally and included escape attempts and genital licks.

#### 2.8. Plasma nicotine and cotinine levels

Rats were decapitated and trunk blood was collected in polypropylene tubes. The blood was centrifuged for 10 min at 4000 g and serum was collected. The samples were stored at −80 °C until further processing. A validated high-performance liquid chromatography– tandem mass spectrometry (HPLC/MS/MS) method was used to determine nicotine and cotinine levels. First, proteins which could interfere with the HPLC/MS/MS analysis were precipitated by adding 150 µL methanol to 100 µL plasma. This mixture was vortexed for 30 s and then centrifuged at  $1500 g$  for  $15 min$ . The clear supernatant (100 µL) was carefully transferred into series 200 Perkin Elmer auto sampler vials for HPLC/MS/MS analysis. Nicotine and cotinine were separated by reversed phase chromatography using a Prodigy 5u,  $100\times4.6$  mm, C18 column (Phenomenex, Torrance, CA) that was fitted with a C18 pre-column and an isocratic mobile phase composed of 10 mM ammonium acetate buffer in 75% methanol delivered at 1 ml/ min by a series 200 Perkin Elmer HPLC pump (Waltham, MA). The injection volume was  $10 \mu$ L and the chromatographic run time was

4 min. The column eluent was directed to the mass spectrometer by atmospheric pressure ionization (API) source. The mass spectrometer (API 4000 LC-MS-MS system, Applied Biosystems/MDS SCIEX, Foster City, CA) was operated in electro spray positive ion mode ( $ESI<sup>+</sup>$ ) and quantitation was performed using multiple-reaction monitoring (MRM). The MRM transitions that were used for the quantification of nicotine and cotinine were  $m/z$  163.1>132.0 and  $m/z$  177.1>146.1, respectively. High purity nitrogen was used as curtain and collision gas and zero grade air was used as the source gas. The API source was operated at 300 °C and the ion spray voltage was set at 5 kV. Data acquisition and quantitation were performed using Analyst software version 1.4.2 (Applied Biosystems/MDS SCIEX, Foster City, CA). During the sample analyses quality control samples were interspaced with test samples to ensure the accuracy and reliability of the assay procedure.

#### 2.9. Experiment 1: Effect of preadolescent tobacco smoke exposure on nicotine-induced conditioned place preference

This experiment was conducted in two parts. In the first subexperiment, the effect of tobacco smoke exposure (PN21–35) on CPP induced by 0.1 mg/kg of nicotine base was investigated. In the second sub-experiment, the effect of tobacco smoke exposure (PN21–35) on CPP induced by 0.04 mg/kg of nicotine base was investigated. In the first sub-experiment (0.1 mg/kg of nicotine), half the rats were exposed to tobacco smoke ( $n= 16$ ) and the air-control rats ( $n= 15$ ) were placed on a cart in the laboratory during the smoke exposure sessions. The control rats were never placed in the laboratory space with the smoking machine in order to prevent exposure to tobacco fumes. The rats in the tobacco group were exposed to tobacco smoke for 4 h per day and the smoke exposure sessions were conducted between 7:00 AM and 12:00 noon. CPP experiments were conducted in adult animals  $(>P90)$ . Nicotine was administered immediately before the rats were placed in the non-preferred chamber. The second sub-experiment was the same as the first sub-experiment with the exception that the tobacco smoke exposed rats ( $n= 25$ ) and the aircontrol rats ( $n= 12$ ) were treated with 0.04 mg/kg of nicotine prior to the conditioning sessions. In order to determine plasma nicotine and cotinine levels, 12 rats were decapitated at two different time points. Blood was collected immediately after tobacco smoke exposure after 7 ( $n= 6$ ) and 14 days ( $n= 6$ ) of tobacco smoke exposure.

# 2.10. Experiment 2: Effect of preadolescent tobacco smoke exposure on nicotine withdrawal-induced conditioned place aversion

Rat pups were exposed to smoke from PN21–35. Half of the rats was exposed to smoke ( $n=39$ ) and the other rats ( $n=39$ ) were placed on a cart in the laboratory during the smoke exposure sessions. Rats were exposed to smoke for 4 h per day and the smoke exposure sessions were conducted between 7:00 AM and 12:00 noon. When the rats were adults ( $>$ P90), they were prepared with osmotic minipumps that delivered 3.2 mg/kg of nicotine base per day (9 mg/kg of nicotine salt). The conditioning sessions started at least 6 days after the implantations of the minipumps. Mecamylamine (vehicle, 0.33, 1, 3 mg/kg,  $n = 9-10$  per group) was administered immediately before the rats were placed in the preferred chamber.

## 2.11. Experiment 3: Effect of preadolescent tobacco smoke exposure on nicotine withdrawal-induced elevations in brain reward thresholds

The rats in the tobacco group ( $n=20$ ) were exposed to smoke from PN21–35 and the air-control rats ( $n= 19$ ) were placed on a cart in the laboratory during the smoke exposure sessions. Rats were exposed to smoke for 4 h per day and the smoke exposure sessions were conducted between 7:00 AM and 12:00 noon. When the rats were adults  $(>P90)$ , they were prepared with electrodes and trained on the ICSS procedure. After stable brain reward thresholds were achieved (defined as less than 10% variation within a 5 day period) the rats were prepared with nicotine (9 mg/kg/day of nicotine salt/ 3.16 mg/kg/day nicotine base; tobacco–nicotine pumps  $n = 13$ ; aircontrol–nicotine pumps  $n = 11$ ) or saline pumps (tobacco–saline pumps  $n = 7$ , air-control–saline pumps  $n = 8$ ). The nAChR antagonist mecamylamine was used to investigate the effects of precipitated withdrawal on brain reward thresholds and response latencies. Mecamylamine (vehicle, 0.3, 1, 3 mg/kg, sc) was administered according to a Latin square design 5 min before the rats were placed in the ICSS test chambers. There was a 48-hour interval between each mecamylamine injection. This time interval allowed the reestablishment/ maintenance of nicotine dependence. The plasma elimination half-life of mecamylamine is approximately 1 h ([Debruyne et al., 2003\)](#page-8-0). In order to investigate the effects of preadolescent smoke exposure on spontaneous nicotine withdrawal, the minipumps were removed on day 28 and brain reward thresholds and response latencies were assessed 3, 6, 12, 24, 36, and 48 h after pump removal.

# 2.12. Experiment 4: Effects of preadolescent tobacco smoke exposure on mecamylamine-precipitated somatic withdrawal signs

The aim of this experiment was to investigate if preadolescent tobacco smoke exposure would lead to the development of nicotine dependence during the exposure period. Half of the rats ( $n= 10$ ) were exposed to tobacco smoke for 9 consecutive days (PN21–29) and the other half (air-control,  $n = 10$ ) were placed on a cart in the laboratory during the smoke exposure sessions. The time interval was based on previous studies that reported that rats are nicotine dependent after about 7 days of continuous nicotine administration [\(Bruijnzeel et al.,](#page-8-0) [2007; Epping-Jordan et al., 1998\)](#page-8-0). Rats were exposed to smoke for 4 h per day and the smoke exposure sessions were conducted between 7:00 AM and 12:00 noon. The nAChR antagonist mecamylamine was used to investigate the effects of precipitated withdrawal on somatic withdrawal signs. Mecamylamine (2 mg/kg, sc) was administered 5 min before the rats were placed in the observation chambers.

# 2.13. Data analyses

In order to analyze the effects of tobacco smoke exposure on body weight gain, the body weights of the rats were expressed as a percentage of the body weights on the day prior to tobacco smoke exposure. The effect of tobacco smoke exposure on body weight gain was analyzed with a two-way repeated-measures analyses of variance (ANOVA) with exposure condition (air or tobacco smoke) as the between subjects factor and time as the within subjects factor. In the CPP experiment, the effects of nicotine conditioning and tobacco smoke exposure on the amount of time spent in the non-preferred chamber were analyzed with a two-way repeated-measures ANOVA with conditioning as the within subjects factor and exposure condition (air or tobacco smoke) as the between subjects factor. A separate analysis was conducted for each nicotine dose. Then the effects of nicotine dose and tobacco smoke on place preference were analyzed with a two-way ANOVA with nicotine dose and treatment (air or tobacco smoke) as between subjects factors. In the CPA experiment, the effects of mecamylamine and tobacco smoke exposure on place aversion were analyzed with a two-way ANOVA with the dose of mecamylamine and exposure condition (air or tobacco smoke) as the between subjects factors. Comparisons between the pre-conditioning and post-conditioning groups were conducted by using one-way repeated-measures ANOVAs. In the precipitated withdrawal/ICSS experiment, the ICSS parameters (brain reward thresholds and response latencies) were expressed as a percent of the respective animal's pretest day values. Percent changes in ICSS parameters were analyzed using a three-way repeatedmeasures ANOVA with the dose of mecamylamine as the within subjects factor and exposure condition (air or tobacco smoke) and

<span id="page-4-0"></span>pump content (saline or nicotine) as between subjects factors. In the spontaneous withdrawal/ICSS experiment, the ICSS parameters (brain reward thresholds and response latencies) were expressed as a percentage of the respective animal's pretest values obtained on the day prior to the minipump explantation. Percent changes in ICSS parameters were analyzed using a three-way repeated-measures ANOVA with time as the within subjects factor and exposure condition (air or tobacco) and pump content (saline or nicotine) as between subjects factors. Newman–Keuls post hoc tests were conducted when the ANOVA revealed statistically significant effects. The effects of tobacco smoke on mecamylamine-precipitated somatic signs were analyzed with a one-way ANOVA. For all the experiments, the criterion for significance was set at 0.05. The statistical analyses were performed using PASW Statistics version 18.

#### 3. Results

3.1. Experiment 1: Effect of preadolescent tobacco smoke exposure on nicotine-induced conditioned place preference

There were no differences in body weights between the tobacco group and the air-control group prior to the onset of tobacco smoke exposure (Table 1). Exposure to tobacco smoke decreased body weight gain during the 15-day exposure period for the 0.1 mg/kg of nicotine group (Time  $\times$  Treatment:  $F14,406 = 4.71$ ,  $P < 0.0001$ ) and the 0.04 mg/kg of nicotine group (Time  $\times$  Treatment: F14,322=6.88,  $P$ <0.0001). The 0.1 mg/kg dose of nicotine induced CPP in the tobacco group and the air-control group (Fig. 1A; Treatment:  $F1,28 = 8.19$ ,  $P$ <0.008). The 0.04 mg/kg dose of nicotine did not induce CPP in the tobacco smoke exposed rats or in the air-control rats (Fig. 1B). Nicotine (0.1 mg/kg) increased the amount of time spent in the initially non-preferred chamber to the same degree in the tobacco group and the air-control group. An additional statistical comparison indicated that the 0.1 mg/kg dose of nicotine was more effective in inducing CPP than the 0.04 mg/kg dose of nicotine (Fig. 1C; Dose:  $F1,52 = 37.2$ ,  $P < 0.0001$ ). After 7 days of tobacco smoke exposure, the plasma nicotine and cotinine levels were  $183.6 \pm 42.0$  ng/ml and  $757.5 \pm 78.3$  ng/ml, respectively. After 14 days of tobacco smoke exposure, the plasma nicotine and cotinine levels were  $192.4 \pm$ 21.6 ng/ml and  $674.3 \pm 47.2$  ng/ml, respectively. Both nicotine and cotinine levels were the same after 7 and 14 days of tobacco smoke exposure. This indicates that the tobacco smoke exposure setup induces a reliable and reproducible increase in plasma nicotine and cotinine levels.

#### 3.2. Experiment 2: Effect of preadolescent tobacco smoke exposure on nicotine withdrawal-induced conditioned place aversion

Exposure to tobacco smoke decreased body weight gain during the 15-day exposure period (Table 1; Time × Treatment: F14,1064=11.72,  $P$ <0.0001). Prior to the implantation of the nicotine pumps there were no differences in body weights between the smoke exposed rats and the air-control rats (control:  $448.1 \pm 4.8$ ; tobacco:  $452.9 \pm 5.2$ ). Mecamyl-



Fig. 1. Effect of preadolescent (PN21–35) tobacco smoke exposure on nicotine-induced CPP (A, 0.10 mg/kg, tobacco  $n= 16$ , air-control  $n= 15$ ; B, 0.04 mg/kg, tobacco  $n= 13$ , air-control  $n = 12$ ). Fig. 1C depicts the difference in the amount of time spent in the nicotine-paired chamber between the pre-conditioning and post-conditioning session. In A and C, asterisks  $(*p<0.01)$  indicate an increased amount of time spent in the nicotine-paired compartment in the posttest than in the pretest.

amine induced CPA in the nicotine dependent rats but there was no effect of preadolescent tobacco smoke exposure [\(Fig. 2](#page-5-0)A; Dose:  $F3,70=3.6$ , P<0.018). Posthoc comparisons indicated that 3 mg/kg of

#### Table 1

Effect of tobacco smoke exposure (PN21–35) on absolute body weights.



Data are expressed as means (grams± S.E.M.). P-values indicate lower body weight gain over the 15-day exposure period in the tobacco smoke exposed rats than in the control rats. Post-pre delta (grams) indicates the difference in body weight gain between the tobacco group and the air-control group from PN21 to 35 ([air PN35–air PN21] – [tobacco PN35-tobacco PN21]). Abbreviations; N, number of animals per control or tobacco group; CPP, conditioned place preference; CPA, conditioned place aversion; ICSS, intracranial selfstimulation.

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Fig. 2. Effect of preadolescent (PN21–35) tobacco smoke exposure on mecamylamineinduced CPA in nicotine dependent rats ( $n= 9-10$  per group). Fig. 2A depicts the difference in the amount of time spent in the mecamylamine-paired chamber between the pretest and posttest. In A, asterisks  $(*p<0.01)$  indicate a decreased amount of time spent in the mecamylamine-paired compartment in rats treated with 3 mg/kg of mecamylamine compared to rats treated with vehicle (0 mg/kg of mecamylamine). In B, asterisks ( $*P<0.05$ ,  $**P<0.01$ ) indicate a decreased amount of time spent in the mecamylamine-paired compartment in the posttest compared to the pretest.

mecamylamine was more effective in inducing CPA than 0.33 and 1 mg/ kg of mecamylamine (Fig. 2A). Furthermore, one-way ANOVAs indicated that 3 mg/kg of mecamylamine induced CPA in the tobacco– nicotine group (Fig. 2B; F1,9=8.7, P<0.05) and 1 and 3 mg/kg of mecamylamine induced CPA in the air-control–nicotine group (1 mg/ kg,  $F1,9 = 6.7$ ,  $P < 0.05$ ; 3 mg/kg,  $F1,9 = 8.7$ ,  $P < 0.0001$ ; pre-postconditioning comparisons).

# 3.3. Experiment 3: Effect of preadolescent tobacco smoke exposure on nicotine withdrawal-induced elevations in brain reward thresholds

Exposure to smoke decreased body weight gain during the 15-day exposure period ([Table 1;](#page-4-0) Time  $\times$  Treatment: F14,518 = 4.43,  $P$ <0.0001). Prior to the implantation of the minipumps there were no differences in brain reward thresholds between any of the groups (air–saline:  $107.7 \pm 11.7$ ; air–nicotine:  $124.9 \pm 9.4$ ; tobacco–saline: 129.1 $\pm$ 3.7; tobacco–nicotine: 131.4 $\pm$ 8.6). There were also no differences in response latencies (air–saline:  $3.3 \pm 0.1$ ; air–nicotine: 3.2  $\pm$  0.1; tobacco–saline: 3.7  $\pm$  0.1; tobacco–nicotine: 3.3  $\pm$  0.1). The nAChR receptor antagonist mecamylamine elevated the brain reward thresholds of the nicotine-treated rats and did not affect the brain reward thresholds of the saline-treated rats (Fig. 3A; Dose $\times$ Pump content:  $F3,105=14.75$ ,  $P<0.0001$ ). Preadolescent smoke exposure did not alter the effects of mecamylamine on the brain reward thresholds in the nicotine or saline-treated rats. Mecamylamine increased the response latencies of the nicotine-treated rats and did not affect the response latencies of the saline-treated rats (Fig. 3B; Dose  $\times$  Pump content: F3,105 = 4.50, P $<$ 0.005). Preadolescent smoke



Fig. 3. Effect of preadolescent (PN21-35) tobacco smoke exposure on mecamylamineprecipitated nicotine withdrawal (A, brain reward thresholds; B, response latencies; tobacco–nicotine pumps  $n = 13$ , tobacco–saline pumps  $n = 7$ ; air-control–nicotine pumps  $n = 11$ , air-control–saline pumps  $n = 8$ ). Brain reward thresholds and response latencies are expressed as a percentage of the pretest day values. Asterisks ( $P<0.05$ ,  $*p<0.01$ ) indicate elevations in brain reward thresholds or increased response latencies compared to those of the corresponding saline-treated control group (0 mg/ kg of mecamylamine). Plus signs  $(+P<0.05)$  indicate elevations in brain reward thresholds compared to those of the corresponding control group treated with 1 mg/kg of mecamylamine. Data are expressed as means $\pm$  SEM.

exposure did not alter the effects of mecamylamine on the response latencies in the nicotine or saline-treated rats. Explantation of the minipumps elevated the brain reward thresholds of the nicotinetreated rats and did not affect the brain reward thresholds of the saline-treated rats [\(Fig. 4](#page-6-0)A; Time × Pump content:  $F5,175 = 6.90$ ,  $P<0.0001$ ). Preadolescent smoke exposure did not affect the brain reward thresholds after pump explantation in the nicotine or salinetreated rats. Explantation of the minipumps and preadolescent tobacco smoke exposure did not affect the response latencies of the nicotine and saline-treated rats ([Fig. 4](#page-6-0)B).

# 3.4. Experiment 4: Effects of preadolescent tobacco smoke exposure on mecamylamine-precipitated somatic withdrawal signs

This experiment was conducted to investigate if preadolescent tobacco smoke exposure leads to the development of nicotine dependence. Mecamylamine precipitated a greater number of somatic signs in the preadolescent rats that were exposed to tobacco smoke for 9 days than in the preadolescent air-control rats [\(Fig. 5;](#page-6-0) Treatment:  $F1,19=71.7$ ,  $P<0.0001$ ). Furthermore, the administration of mecamylamine led to a greater number of abdominal constrictions [\(Table 2](#page-6-0); Treatment:  $F1,19 = 26.4, P < 0.0001$ ), eye blinks (Treatment:  $F1,19 = 4.8$ ,  $P<0.05$ ), occurrences of ptosis (Treatment: F1,19 = 4.9,  $P<0.05$ ), facial fasciculations (Treatment:  $F1,19 = 5.8, P < 0.05$ ), and yawns (Treatment:  $F1,19=12.2$ ,  $P<0.003$ ) in the tobacco group than in the air-control

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Fig. 4. Effect of preadolescent (PN21-35) tobacco smoke exposure on spontaneous nicotine withdrawal (A, brain reward thresholds; B, response latencies; tobacco– nicotine pumps  $n = 13$ , tobacco–saline pumps  $n = 7$ ; air-control–nicotine pumps  $n= 11$ , air-control-saline pumps  $n= 8$ ). Brain reward thresholds and response latencies are expressed as a percentage of the values obtained on the day prior to minipump explantation. Asterisks (\* $P$ <0.05, \*\* $P$ <0.01) indicate elevations in brain reward thresholds compared to those of the corresponding saline-treated control group. Data are expressed as means  $\pm$  SEM.

group. There were no significant differences in the number of shakes or other signs between the tobacco group and the air-control group. This experiment indicates that exposure to tobacco smoke during preadolescence leads to the development of nicotine dependence. Body weights were not systematically recorded as the previous three studies (Experiments 1–3) consistently demonstrated that smoke exposure attenuates body weight gain.



Fig. 5. Effect of preadolescent (PN21–29) tobacco smoke exposure on mecamylamineprecipitated somatic withdrawal signs (tobacco  $n=10$ , air-control  $n=10$ ). Asterisks  $(*p<0.01)$  indicate a greater number of somatic signs in the tobacco group than in the air-control group. Data are expressed as  $mean + SEM$ .

#### Table 2

Effects of tobacco smoke exposure on mecamylamine-precipitated somatic signs in preadolescent rats.



Somatic signs in control rats ( $n=10$ ) and rats that were exposed to tobacco smoke for 9 days (P21-29,  $n = 10$ ). Abdominal constrictions include gasps and writhes; facial fasciculations include cheek tremors and teeth chattering; shakes include head shakes and body shakes; other signs include escape attempts and genital licks. Asterisks ( $*P<0.05$ ,  $*P<0.01$ ) indicate more somatic signs in the tobacco group than in the aircontrol group. Data are expressed as means  $\pm$  SEM.

#### 4. Discussion

The aim of the present experiments was to investigate the effects of preadolescent tobacco smoke exposure on the rewarding effects of nicotine and nicotine withdrawal. These studies demonstrated that 0.1 mg/kg of nicotine, but not 0.04 mg/kg of nicotine, induced CPP. Preadolescent tobacco smoke exposure did not affect the rewarding effects of nicotine in the CPP procedure. Furthermore, the nAChR antagonist mecamylamine induced CPA in the nicotine-treated rats and there was no effect of preadolescent tobacco smoke exposure on mecamylamine-induced CPA. In the third experiment, it was demonstrated that mecamylamine dose-dependently elevated the brain reward thresholds of the nicotine-treated rats and did not affect the brain reward thresholds of the saline-treated control rats. Explantation of the minipumps also elevated the brain reward thresholds of the nicotine-treated rats and did not affect the brain reward thresholds of the saline-treated control rats. Preadolescent tobacco smoke exposure did not affect the elevations in brain reward thresholds associated with precipitated or spontaneous nicotine withdrawal.

Passive exposure to tobacco smoke led to a plasma nicotine level of 188 ng/ml and a cotinine level of 716 ng/ml in the preadolescent rats. In the present experiments the rats were exposed to tobacco smoke for 4 h per day and the TSP level was about 30 mg/m<sup>3</sup>. It is interesting to note that the plasma nicotine and cotinine levels in the preadolescent rats were in the same range as those of adult animals exposed to higher levels of tobacco smoke. Anderson et al. reported that exposure to tobacco smoke with a TSP level of 87 mg/m<sup>3</sup> for 6 h/ day leads to a nicotine level of approximately 95 ng/ml and a cotinine level of 790 ng/ml in adult rats [\(Anderson et al., 2004\)](#page-8-0). In addition, in a previous study we demonstrated that exposure to tobacco smoke with a TSP level of 100 mg/m<sup>3</sup> for 4 h/day leads to a plasma nicotine level of approximately 120 ng/ml and a cotinine level of 570 ng/ml in adult rats ([Small et al., 2010](#page-8-0)). There are several possible explanations for the relatively high nicotine level in the preadolescent rats. First, young animals have a higher oxygen/air intake per unit of body weight compared to older animals ([Schefer and Talan, 1996](#page-8-0)). Therefore, the preadolescent rats might inhale more nicotine per unit of body weight than the older rats. Second, in the present study the rats were rapidly decapitated after the tobacco smoke exposure session and in the other studies blood was collected via an intravenous catheter or from the caudal vena cava of anesthetized rats ([Anderson et al., 2004; Small et al., 2010\)](#page-8-0). It can be assumed that it will require less time to decapitate animals and collect blood than to collect blood from a vein. Nicotine is rapidly metabolized, the plasma half-life of nicotine is 20 min, and therefore the time point of blood collection relative to the end of the smoke exposure session will affect nicotine levels [\(Sastry et al., 1995\)](#page-8-0). Plasma nicotine and cotinine

<span id="page-7-0"></span>levels in heavy smokers are approximately 40 and 300 ng/ml, respectively [\(Benowitz, 1988; Benowitz et al., 1982; Lawson et al.,](#page-8-0) [1998; Wall et al., 1988](#page-8-0)). Therefore, the present finding indicates that plasma nicotine and cotinine levels that are the same or higher than those in smokers can be obtained in preadolescent rats by passive exposure to a relatively low level of tobacco smoke.

The present study demonstrated that passive exposure to tobacco smoke leads to the development of nicotine dependence in preadolescent rats as indicated by an increased number of mecamylamineprecipitated somatic signs. This study is in line with previous studies that reported chronic exposure to nicotine via osmotic minipumps, nicotine self-administration, or intermittent exposure to tobacco smoke leads to the development of nicotine dependence ([Malin et al.,](#page-8-0) [1994; Paterson and Markou, 2004; Small et al., 2010](#page-8-0)). The rats displayed 29 somatic signs in the present study and 13.9 and 20.2 somatic signs in a previous tobacco smoke exposure study ([Small et](#page-8-0) [al., 2010](#page-8-0)). It is most likely that the rats in the present study displayed more somatic signs because the plasma nicotine level was higher than in the previous study (188 ng/ml vs. 120 ng/ml) and the rats received a higher dose of mecamylamine (2 mg/kg vs. 1 mg/kg).

Preadolescent tobacco smoke exposure did not affect the rewarding effects of nicotine or nicotine withdrawal later in life. It is unlikely that the lack of an effect of preadolescent tobacco smoke exposure was due to deficiencies in the CPP, CPA, or the ICSS procedures. The present findings showed that 0.1 mg/kg of nicotine, but not 0.04 mg/ kg of nicotine, induced CPP. This is in line with a study by [Le Foll and](#page-8-0) [Goldberg \(2005\)](#page-8-0) that demonstrated that 0.1 mg/kg of nicotine but not 0.04 mg/kg induces CPP. The highest dose of nicotine that did not induce CPP in the study by [Le Foll and Goldberg \(2005\)](#page-8-0) was 0.04 mg/ kg of nicotine. Therefore, it might have been expected that if preadolescent tobacco smoke exposure would have potentiated the rewarding effects of nicotine this would have been reflected in an increase in the rewarding effects of 0.04 mg/kg of nicotine. In the second experiment, it was demonstrated that mecamylamine induced CPA in the nicotine dependent rats. Statistical analysis indicated that 1 and 3 mg/kg of mecamylamine induced CPA in the nicotine-treated air-control group [\(Fig. 3B](#page-5-0)). This observation is in line with previous studies that reported that mecamylamine in the 1–3 mg/kg dose range induces CPA in nicotine dependent rats [\(O'Dell et al., 2007;](#page-8-0) [Suzuki et al., 1996\)](#page-8-0). The results of the third experiment demonstrated that mecamylamine and discontinuation of nicotine administration elevated the brain reward thresholds of the nicotine-treated rats. Neither mecamylamine nor explantation of the minipumps affected the brain reward thresholds of the saline-treated control rats. This study is in line with previous studies that reported that precipitated or spontaneous nicotine withdrawal leads to a deficit in brain reward function [\(Bruijnzeel et al., 2007; Epping-Jordan et al., 1998\)](#page-8-0).

The present studies suggest that preadolescent (PN21–35) exposure to tobacco smoke does not affect the rewarding effects of nicotine or nicotine withdrawal in adulthood. We are not aware of any other studies that investigated the long-term effects of tobacco smoke exposure on the rewarding effects of nicotine or nicotine withdrawal. Therefore, we cannot compare the present study with previous studies that investigated the long-term effects of tobacco smoke exposure. In contrast, the long-term effect of the repeated systemic administration of drugs of abuse has been intensively investigated. These studies suggest that the repeated exposure to drugs of abuse leads to sensitized locomotor responses and a potentiation of the rewarding effects of drugs abuse ([Robinson and Berridge, 1993;](#page-8-0) [Vanderschuren and Kalivas, 2000](#page-8-0)). It should be noted, however, that the sensitized locomotor or rewarding effects are not detected under all experimental conditions. For example, the repeated administration of cocaine to adult rats has been shown to potentiate the locomotor activating and rewarding effects of cocaine ([Heidbreder et al., 1996;](#page-8-0) [Lett, 1989; Pudiak and Bozarth, 1993\)](#page-8-0). However, in contrast to the aforementioned findings with adult animals, the repeated administration of cocaine to preadolescent animals (P20–35) decreases the rewarding effects of cocaine in the CPP and ICSS procedures in adult animals. Therefore, these studies suggest that the long-term effects of drugs of abuse depend on the developmental period during which the drug is administered (Andersen et al., 2002; Mague et al., 2005). It has also been reported that the administration of nicotine to adolescent rats, PN34–43, does not affect nicotine-induced CPP (0.3 and 0.6 mg/ kg) in adulthood (Adriani et al., 2006). Therefore, the administration of drugs of abuse to adult animals might induce sensitization processes whereas the administration of drugs of abuse to preadolescent animals might have no long-term effects or protect against the rewarding effects of drugs of abuse. Additional studies are warranted to investigate if passive exposure to tobacco smoke during adulthood sensitizes the locomotor and rewarding effects of nicotine in rats. Furthermore, it cannot be ruled out that exposure to tobacco smoke during an earlier developmental period (prenatally or postnatally) would affect the rewarding effects of nicotine during adolescence or later in life. For example, it has been demonstrated that exposure to cocaine from PN11 to 20 leads to changes in dopamine signaling and dynorphin mRNA levels in adult rats [\(Busidan and Dow-Edwards,](#page-8-0) [1999; Dow-Edwards and Hurd, 1998; Zhao et al., 2008\)](#page-8-0). Another variable that might play a role in the development of drug sensitization is the rate of administration. Robinson et al. investigated the effects of the rate of intravenous nicotine infusion on the development of locomotor sensitization ([Samaha et al., 2005\)](#page-8-0). They demonstrated that the rapid intravenous infusion of nicotine (5 or 25 s per infusion) but not slow infusion (100 s) leads to the development of nicotine-induced locomotor sensitization. In the present study, tobacco smoke levels gradually increased and then remained stable for the remainder of the 4-hour exposure sessions. Therefore, it cannot be ruled out that different exposure conditions might have lead to a long-term potentiation of the rewarding effects of nicotine. It should also be noted that that the CPP procedure does not provide information about the motivation to self-administer nicotine. Therefore, additional studies are needed to investigate if exposure to tobacco smoke or nicotine during development affects the motivation to self-administer nicotine under fixed and progressive ratio schedules of reinforcement.

In conclusion, these studies extend and corroborate previous studies by demonstrating that passive exposure to a relatively low level of tobacco smoke leads to high nicotine levels and nicotine dependence in preadolescent rats. These studies also suggest that preadolescent tobacco smoke exposure does not affect the rewarding effects of nicotine or nicotine withdrawal later in life. However, it cannot be ruled out that tobacco smoke exposure during a different developmental period or that a different tobacco smoke exposure regimen could have mediated long-term changes in the rewarding effects of nicotine or nicotine withdrawal.

#### Acknowledgements

This research was funded by a Flight Attendant Medical Research Institute Young Clinical Scientist Award (Grant nr. 52312) and a National Institute on Drug Abuse grant (DA023575) to Adrie Bruijnzeel. Kim Keijzers received salary support from the Dutch Heart Foundation.

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